

Intradistrict Communication

DATE: Thursday, July 31, 2025

TO: Molly Morgan, Principal of Ridge View Elementary

FROM: Carolyn Gough, Administrator of Teaching & Learning
Ben Jameson, Director of Assessment, Research and Accountability

SUBJECT: Research Project

The Research Review Committee has reviewed a research project in which your school has been asked to participate.

Project Title: Exploring the Impact of Self-Compassion and Mindfulness
Interventions on Teacher Stress, Feedback Delivery,
and Student Behavior in Elementary Classrooms

Applicant: Coral Koller, Brigham Young University-Provo

The project has been approved by the District Research Review Committee. The applicant has been directed to contact you to discuss the extent of the project. Participation in the study is at your discretion. If you have questions or concerns relating to participation, please contact Ben Jameson at 801-567-8243.

Thank you for your assistance.