

Jordan School District
Anthony Godfrey, Ed.D., Superintendent of Schools
West Jordan, Utah

Intradistrict Communication

DATE: Monday, December 16, 2024

TO: Jennifer Ludlow, Principal of Oquirrh Elementary

FROM: Carolyn Gough, Administrator of Teaching & Learning
Ben Jameson, Director of Assessment, Research and Accountability

SUBJECT: Research Project

The Research Review Committee has reviewed a research project in which your school has been asked to participate.

Project Title: Mindfulness Effect on Students' Ability to Focus and Self-regulate

Applicant: Amanda Frandsen, WOOLF University

The project has been approved by the District Research Review Committee. The applicant has been directed to contact you to discuss the extent of the project and to obtain your permission to conduct the study at your school. Participation in the study is at your discretion. If you have questions or concerns relating to participation, please contact Ben Jameson at 801-567-8243.

Thank you for your assistance.